



Hornet Ready Foundations - Strength & Conditioning Program - 3rd - 6th Graders

Hornet READY™ a high-energy summer strength and conditioning camp designed to build coordination, speed, agility, mobility, power and endurance with specific training methodologies for youth athletes. Led by experienced coaches, this camp will focus on developing the foundation necessary to succeed in sports this season and in the future. This program is a STAPLE of building future Hornet Athletes. This specific section is intended for 3rd-6th grade athletes for the 25™-26™ school year.

Camp Start Date: June 9, 2025	Start Time: 7:45:00 AM
Camp End Date: July 30, 2025	End Time: 8:45:00 AM

Venue Name: Rubber Gym

Venue Address: 1200 Boyd Rd, Azle, TX 76020

Camp Cost: \$90.00

Questions: Azle ISD Director of Strength & Conditioning Matthew.Holt@azleisd.net

Special Notes:

⌘ Bring your own water bottles, filling stations available ⌘ Come dressed in athletic clothes (either Azle or generic athletic clothes) ⌘ Come with athletic shoes on ⌘ There will be no locker rooms available ⌘ Athletic training staff will be on site for any injuries

Medical Info:

Assumption of Risk By registering for an Azle ISD Sports Camp, participants acknowledge and agree that participation in sports activities carries an inherent risk of injury. While all reasonable precautions will be taken to ensure the safety of participants, Azle ISD and its staff shall not be held responsible for injuries, accidents, or illnesses that may occur during the camp. Consent to Treat I hereby grant permission for the on-site certified/licensed athletic training staff to provide first aid and medical care to my child/participant as deemed necessary during camp activities. In the event of a medical emergency, I authorize staff to facilitate emergency medical care, including contacting emergency medical services, if necessary. I agree to be responsible for any associated medical costs.